



KAPPELER INSTITUTE RECORDINGS

ILLUSTRATIVE MATERIAL

**EXERCISES IN CULTURING CONSCIOUSNESS ACCORDING TO
THE MATRIX OF *SCIENCE AND HEALTH*
(Audio Code C-6)**

Max Kappeler

©1976, 2013, Kappeler Institute for the Science of Being
All rights reserved



Kappeler Institute Publishing
P.O. Box 99735
Seattle, WA 98139-0735
Tel: (206)286-1617 • Fax: (206)286-1675
mail@kappelerinstitute.org
www.kappelerinstitute.org
Division of Kappeler Institute for the Science of Being, USA
Seattle, WA USA

Contents

Exercises in Culturing Consciousness According to the Matrix of *Science and Health*

(Audio code: C-6)

©1976, 2005 Kappeler Institute for the Science of Being

AUDIO RECORDING NUMBER/SIDE	RECORDING SUBJECT
1-A	Introduction <ul style="list-style-type: none">▪ impact of the spiritual idea on world consciousness▪ John Doorly's contribution led to the "system age"
1-B	<ul style="list-style-type: none">▪ how system consciousness differs from machine-age consciousness<ul style="list-style-type: none">- ex: analyzing Chapter I, "Prayer" within the textbook matrix = system or synthesis-thinking
2-A	<ul style="list-style-type: none">▪ difference between Science and mysticism▪ linear vs. "matrix" language <p>I. The matrix of the Christian Science Textbook: absolute and relative indices</p>
2-B	...continued <ul style="list-style-type: none">▪ defining the points of intersection▪ the diagonal
3-A	<ul style="list-style-type: none">▪ reasoning from the whole▪ "Prayer" – "Atonement and Eucharist"
3-B	<ul style="list-style-type: none">▪ "Marriage"
4-A	...continued <ul style="list-style-type: none">▪ "Christian Science versus Spiritualism"<ul style="list-style-type: none">- divine Mind-reading
4-B	<ul style="list-style-type: none">▪ a brief summary of the W-vertical of Christian Science Textbook matrix▪ the X-vertical<ul style="list-style-type: none">- translation▪ "Animal Magnetism Unmasked"<ul style="list-style-type: none">- system thinking. ex: power
5-A	...continued – "Science, Theology, Medicine"
5-B	<ul style="list-style-type: none">- preparing to receive revelation: first handle animal magnetism▪ "Physiology"
6-A	<ul style="list-style-type: none">▪ "Footsteps of Truth" – "Creation"
6-B	<ul style="list-style-type: none">- a review of system-thinking▪ "Science of Being"<ul style="list-style-type: none">- the origin of man is divine Sc

-
- | | |
|------|---|
| 7-A | <ul style="list-style-type: none"> ▪ “Some Objections Answered” <ul style="list-style-type: none"> - a brief review of the first three Xty chapters ▪ “Christian Science Practice” |
| 8-A | <ul style="list-style-type: none"> ▪ “Teaching Christian Science” – “Recapitulation” |
| 8-B | <ul style="list-style-type: none"> ...continued |
| 9-A | <ul style="list-style-type: none"> ▪ “Genesis” – “The Apocalypse” |
| 9-B | <ul style="list-style-type: none"> - the diagonal of the matrix of the Christina Science Textbook - accent is on the indices, the calculus of aCS/CS - value of a matrix |
| 10-A | <ul style="list-style-type: none"> II. A matrix on “handling evil,” deduced from the Christian Science Textbook |
| 10-B | <ul style="list-style-type: none"> ▪ “Prayer” – “Marriage” ▪ “Marriage” – “Christian Science versus Spiritualism” <ul style="list-style-type: none"> - index for the W-vertical ▪ “Animal Magnetism Unmasked” – “Science, Theology, Medicine” |
| 11-A | <ul style="list-style-type: none"> ▪ “Physiology” – “Footsteps of Truth” <ul style="list-style-type: none"> - index for the X-vertical ▪ “Creation” – “Christian Science Practice” <ul style="list-style-type: none"> - summary of the Xty-vertical |
| 11-B | <ul style="list-style-type: none"> ▪ “Teaching Christian Science” – “Genesis” |
| 12-A | <ul style="list-style-type: none"> III. A matrix on healing |
| 12-B | <ul style="list-style-type: none"> ▪ “Prayer” – “Atonement and Eucharist” ▪ “Marriage” – “Christian Science versus Spiritualism” <ul style="list-style-type: none"> ▪ index for the W-vertical |
| 13-A | <ul style="list-style-type: none"> ▪ “Animal Magnetism Unmasked” – “Science, Theology, Medicine” |
| 13-B | <ul style="list-style-type: none"> ▪ “Physiology” – “Footsteps of Truth” <ul style="list-style-type: none"> - index for the X-vertical - brief summary of the W and X verticals |
| 14-A | <ul style="list-style-type: none"> ▪ “Creation” – “Christian Science Practice” |
| 14-B | <ul style="list-style-type: none"> ...continued: Parts I, II, III |
| 15-A | <ul style="list-style-type: none"> Part IV <ul style="list-style-type: none"> - flowing though the Xty-vertical ▪ “Teaching Christian Science” |
| 15-B | <ul style="list-style-type: none"> ▪ “Recapitulation” – “Genesis” <ul style="list-style-type: none"> - meaning of the index j – the horizontals |
| 16-A | <ul style="list-style-type: none"> ▪ the W, X, Xty and Sc horizontals in the index j ▪ the diagonal: the 4 main pillars of healing: WW, X/X, Xty/Xty, Sc/Sc |
| 16-B | <ul style="list-style-type: none"> ▪ the Textbook matrix as a basis of treatment |
| 17-A | <ul style="list-style-type: none"> ▪ structuring consciousness according to <i>Science and Health</i> |

- 17-A continued IV. How ideas dispel illusions in a 7 x 7 matrix:
summarizing Part I, Chapter 10 of *S&H*: i index
j index
- 17-B
- 18-A
- M vertical: M/M – M/So
M/P – M/Lo
 - Sp vertical
 - So vertical
 - P, Li verticals
 - T, Lo verticals
 - review of the index j
 - the diagonal
- 18-B
- 19-A
- 19-B
- 20-A V. Mrs. Eddy as a scientist, an extraordinary scientist
- 20-B
- 21-A
- the anomalies that Mrs. Eddy say
 - the law of transformation she gave
 - a trans-classical scientist
 - she presented an integral Science, the Science of cybernetics
- 21-B
- the structural concept of Science
 - the Science of revelation
- 22-A VI. The logic of Christian Science
- 22-B
- the 3 laws, or principles of logic:
 - the laws of identity, of non-contradiction, and of the excluded middle
 - dualistic human thinking
- 23-A ...continued
- 23-B
- what is the logic of the Textbook?
- 24-A
- accurately stated syllogisms
- 24-B
- 3-valued logic
- 25-A
- cybernetic logic
- 25-B
- the one-valued logic in mysticism and in Science
- 26-A
- 4-valued logic, infinite logic
- 26-B
- the logic of The Model of Being “the Chart”

ABBREVIATIONS

M, Sp, So, P, Li, T, Lo	= Mind, Spirit, Soul, Principle, Life, Truth, Love.
W, X, Xty, Sc	= Word, Christ, Christianity, Science.
M – Lo	= means the sequence of Mind through Love
Sc, dSc, aCS, CS	= Science, divine Science, absolute Christian Science, Christian Science
<i>S&H</i>	= <i>Science and Health with Key to the Scriptures</i> , by Mary Baker Eddy
W/W, W/X, W/Xty, W/Sc	= means the Word in its subtone of Christ, Christianity Science
W/W – W/Sc	= means the Word in its subtone of W, X, Xty, and Sc.

The Structure of *Science and Health with Key to the Scriptures*, by Mary Baker Eddy

I. The matrix of the Christian Science Textbook: absolute and relative indices

	WORD	CHRIST	CHRISTIANITY	SCIENCE
WORD	CHAPTER I <i>Prayer</i>	CHAPTER V <i>Animal Magnetism Unmasked</i>	CHAPTER IX <i>Creation</i>	CHAPTER XIII <i>Teaching Christian Science</i>
CHRIST	CHAPTER II <i>Atonement and Eucharist</i>	CHAPTER VI <i>Science, Theology, Medicine</i>	CHAPTER X <i>Science of Being</i>	CHAPTER XIV <i>Recapitulation</i>
CHRISTIANITY	CHAPTER III <i>Marriage</i>	CHAPTER VII <i>Physiology</i>	CHAPTER XI <i>Some Objections Answered</i>	CHAPTER XV <i>Genesis</i>
SCIENCE	CHAPTER IV <i>Christian Science vs. Spiritualism</i>	CHAPTER VIII <i>Footsteps of Truth</i>	CHAPTER XII <i>Christian Science Practice</i>	CHAPTER XVI <i>The Apocalypse</i>

The Matrix of Handling Evil

(in Science and Health with Key to the Scriptures, by Mary Baker Eddy, Chapters I–XVI)

II. A matrix on “handling evil,” deduced from the Christian Science Textbook

	WORD <i>evil must be mastered</i>	CHRIST <i>the power of Truth destroys evil; evil has no power</i>	CHRISTIANITY <i>demonstrating the superiority of good over evil</i>	SCIENCE <i>by proving good, evil is disproved</i>
Word <i>Accepting the proposition</i>	I. Prayer the desire to be delivered from evil: deliver us from evil	V. Animal Magnetism Unmasked Science has the power to despoil evil, for evil is no power, action or law	IX. Creation Mortals must let themselves be used by good instead of by evil	XIII. Teaching Christian Science By resisting, exposing and denouncing evil, the nothingness of evil can be proved
Christ <i>the power of manifestation in spite of error</i>	II. Atonement and Eucharist the command to cast out evil	VI. Science, Theology, Medicine The power of Truth casts out evil	X. Science of Being The somethingness of good demonstrates the nothingness of evil	XIV. Recapitulation In the allness of God, good, evil has no place
Christianity <i>exalted being</i>	III. Marriage The good must have ascendancy over evil	VII. Physiology The only power of evil is to destroy itself	XI. Some Objections Answered denying that God either knows evil, made evil, or cooperates with evil	XV. Genesis Truth annihilates the belief in evil by reducing it to its nothingness
Science <i>scientific understanding</i>	IV. Christian Science vs. Spiritualism Understanding God, good, keeps evil in check	VIII. Footsteps of Truth Discernment of understanding good destroys the so-called power of evil	XII. Christian Science Practice Understanding the supremacy of good causes evil to disappear	XVI. The Apocalypse By understanding God, good, the nothingness of evil is made manifest

References to “The Matrix of Handling Evil”:

Recordings by Max Kappeler:

- A-6II: Syllabus II, 1977, hours 22–23
- B-2: *The Fundamentals of Christian Science*, Class, 1970 – Ogunquit, (ME), hours 15B–16, 24
- B-3 *Christian Science Practice: a comprehensive analysis of the subject of practice*, Class 1976, Wilmington, (DE), hours 3–8
- C-1AN: *Animal Magnetism – Unmasked*, hours 2–4, 7B–8
- C-6: *Exercises in Structuring Consciousness According to the Structure of the Christian Science Textbook*, Class 1976 – Ilkley, England, hours 10–11
- G-2: *The Science of Being, as I See it Today*, Max Kappeler, Lecture, 1970 – London, England, hour 5
- X-5 *The Problem of Handling Evil*, 6 cassettes from B-3 (hours 3–8)

Books by Max Kappeler:

- A Study Aid for the Science of Christian Science*, pp. 110
- Animal Magnetism — Unmasked*, pp. 47–81
- Notes on Handling Evil with References from the Works of Mary Baker Eddy*

Books by John Doorly:

- Christian Science Practice*, pp. 328–329, 344–346, 349–355
- Talks on the Science of the Bible*, #70 “blue-book,” pp. 15–20
- Talks on the Science of the Bible*, Vol. VI “red-book,” pp. 108–110, 231–232, 289–290
- Talks on the Science of the Bible*, Vol. VII “red-book,” pp. 13–15, 16–19, 42, 83–85, 283–289

Matrix of Healing

(in Science and Health with Key to the Scriptures, by Mary Baker Eddy, Chapters I–XVI)

III. A matrix on healing

	WORD	CHRIST	CHRISTIANITY	SCIENCE
Word	I. Prayer	V. Animal Magnetism Unmasked	IX. Creation	XIII. Teaching Christian Science
Christ	II. Atonement and Eucharist	VI. Science, Theology, Medicine	X. Science of Being	XIV. Recapitulation
Christianity	III. Marriage	VII. Physiology	XI. Some Objections Answered	XV. Genesis
Science	IV. Christian Science vs. Spiritualism	VIII. Footsteps of Truth	XII. Christian Science Practice	XVI. The Apocalypse