



**KAPPELER INSTITUTE RECORDINGS**

## **ILLUSTRATIVE MATERIAL**

**EXERCISES IN CULTURING CONSCIOUSNESS ACCORDING TO  
THE MATRIX OF *SCIENCE AND HEALTH*  
(Audio Code C-6)**

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## Exercises in Culturing Consciousness According to the Matrix of *Science and Health*

(Audio code: C-6)

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ABBREVIATIONS

M, Sp, So, P, Li, T, Lo	= Mind, Spirit, Soul, Principle, Life, Truth, Love.
W, X, Xty, Sc	= Word, Christ, Christianity, Science.
M – Lo	= means the sequence of Mind through Love
Sc, dSc, aCS, CS	= Science, divine Science, absolute Christian Science, Christian Science
<i>S&amp;H</i>	= <i>Science and Health with Key to the Scriptures</i> , by Mary Baker Eddy
W/W, W/X, W/Xty, W/Sc	= means the Word in its subtones of Christ, Christianity Science
W/W – W/Sc	= means the Word in its subtones of W, X, Xty, and Sc.

# The Structure of *Science and Health with Key to the Scriptures*, by Mary Baker Eddy

## I. The matrix of the Christian Science Textbook: absolute and relative indices

	<b>WORD</b>	<b>CHRIST</b>	<b>CHRISTIANITY</b>	<b>SCIENCE</b>
<b>WORD</b>	CHAPTER I <i>Prayer</i>	CHAPTER V <i>Animal Magnetism Unmasked</i>	CHAPTER IX <i>Creation</i>	CHAPTER XIII <i>Teaching Christian Science</i>
<b>CHRIST</b>	CHAPTER II <i>Atonement and Eucharist</i>	CHAPTER VI <i>Science, Theology, Medicine</i>	CHAPTER X <i>Science of Being</i>	CHAPTER XIV <i>Recapitulation</i>
<b>CHRISTIANITY</b>	CHAPTER III <i>Marriage</i>	CHAPTER VII <i>Physiology</i>	CHAPTER XI <i>Some Objections Answered</i>	CHAPTER XV <i>Genesis</i>
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## The Matrix of Handling Evil

*(in Science and Health with Key to the Scriptures, by Mary Baker Eddy, Chapters I–XVI)*

### II. A matrix on “handling evil,” deduced from the Christian Science Textbook

	<b>WORD</b> <i>evil must be mastered</i>	<b>CHRIST</b> <i>the power of Truth destroys evil; evil has no power</i>	<b>CHRISTIANITY</b> <i>demonstrating the superiority of good over evil</i>	<b>SCIENCE</b> <i>by proving good, evil is disproved</i>
<b>Word</b> <i>Accepting the proposition</i>	<b>I. Prayer</b> the desire to be delivered from evil: deliver us from evil	<b>V. Animal Magnetism Unmasked</b> Science has the power to despoil evil, for evil is no power, action or law	<b>IX. Creation</b> Mortals must let themselves be used by good instead of by evil	<b>XIII. Teaching Christian Science</b> By resisting, exposing and denouncing evil, the nothingness of evil can be proved
<b>Christ</b> <i>the power of manifestation in spite of error</i>	<b>II. Atonement and Eucharist</b> the command to cast out evil	<b>VI. Science, Theology, Medicine</b> The power of Truth casts out evil	<b>X. Science of Being</b> The somethingness of good demonstrates the nothingness of evil	<b>XIV. Recapitulation</b> In the allness of God, good, evil has no place
<b>Christianity</b> <i>exalted being</i>	<b>III. Marriage</b> The good must have ascendancy over evil	<b>VII. Physiology</b> The only power of evil is to destroy itself	<b>XI. Some Objections Answered</b> denying that God either knows evil, made evil, or cooperates with evil	<b>XV. Genesis</b> Truth annihilates the belief in evil by reducing it to its nothingness
<b>Science</b> <i>scientific understanding</i>	<b>IV. Christian Science vs. Spiritualism</b> Understanding God, good, keeps evil in check	<b>VIII. Footsteps of Truth</b> Discernment of understanding good destroys the so-called power of evil	<b>XII. Christian Science Practice</b> Understanding the supremacy of good causes evil to disappear	<b>XVI. The Apocalypse</b> By understanding God, good, the nothingness of evil is made manifest

## References to “The Matrix of Handling Evil”:

### Recordings by Max Kappeler:

- A-6II: Syllabus II, 1977, hours 22–23
- B-2: *The Fundamentals of Christian Science*, Class, 1970 – Ogunquit, (ME), hours 15B–16, 24
- B-3 *Christian Science Practice: a comprehensive analysis of the subject of practice*, Class 1976, Wilmington, (DE), hours 3–8
- C-1AN: *Animal Magnetism – Unmasked*, hours 2–4, 7B–8
- C-6: *Exercises in Structuring Consciousness According to the Structure of the Christian Science Textbook*, Class 1976 – Ilkley, England, hours 10–11
- G-2: *The Science of Being, as I See it Today*, Max Kappeler, Lecture, 1970 – London, England, hour 5
- X-5 *The Problem of Handling Evil*, 6 cassettes from B-3 (hours 3–8)

### Books by Max Kappeler:

- A Study Aid for the Science of Christian Science*, pp. 110
- Animal Magnetism — Unmasked*, pp. 47–81
- Notes on Handling Evil with References from the Works of Mary Baker Eddy*

### Books by John Doorly:

- Christian Science Practice*, pp. 328–329, 344–346, 349–355
- Talks on the Science of the Bible*, #70 “blue-book,” pp. 15–20
- Talks on the Science of the Bible*, Vol. VI “red-book,” pp. 108–110, 231–232, 289–290
- Talks on the Science of the Bible*, Vol. VII “red-book,” pp. 13–15, 16–19, 42, 83–85, 283–289



**Matrix of Healing**  
*(in Science and Health with Key to the Scriptures, by Mary Baker Eddy, Chapters I–XVI)*

**III. A matrix on healing**

	<b>WORD</b>	<b>CHRIST</b>	<b>CHRISTIANITY</b>	<b>SCIENCE</b>
<b>Word</b>	I. Prayer	V. Animal Magnetism Unmasked	IX. Creation	XIII. Teaching Christian Science
<b>Christ</b>	II. Atonement and Eucharist	VI. Science, Theology, Medicine	X. Science of Being	XIV. Recapitulation
<b>Christianity</b>	III. Marriage	VII. Physiology	XI. Some Objections Answered	XV. Genesis
<b>Science</b>	IV. Christian Science vs. Spiritualism	VIII. Footsteps of Truth	XII. Christian Science Practice	XVI. The Apocalypse