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## **ILLUSTRATIVE MATERIAL**

### **THE STRUCTURE OF THE CHRISTIAN SCIENCE TEXTBOOK— OUR WAY OF LIFE**

Chapter XIV  
**Recapitulation**  
(Audio Code C-IR)

**Max Kappeler**

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## Chapter XIV Recapitulation

(Audio code: C-1R)

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ABBREVIATIONS

|                         |   |
|-------------------------|---|
| M, Sp, So, P, Li, T, Lo | = Mind, Spirit, Soul, Principle, Life, Truth, Love                      |
| W, X, Xty, Sc           | = Word, Christ, Christianity, Science                                   |
| M/M – M/P               | = means Mind in its subtones of M, Sp, So, P (Mind as Mind, etc.)       |
| W/W, W/X, W/Xty, W/Sc   | = means the Word in its subtones of Word, Christ, Christianity, Science |
| M.H.                    | = marginal heading  |

**Abbreviations**

used to reference the work of Mary Baker Eddy

|          |  |
|----------|--|
| S&H      | <i>Science and Health with Key to the Scriptures</i>         |
| Mis.     | <i>Miscellaneous Writings</i>                                |
| Ret.     | <i>Retrospection and Introspection</i>                       |
| Pan.     | <i>Christian Science versus Pantheism</i>                    |
| Mess.'01 | <i>Message to The Mother Church, June 1901</i>               |
| Hea.     | <i>Christian Healing</i>                                     |
| Peo.     | <i>The People's Idea of God</i>                              |
| My.      | <i>The First Church of Christ, Scientist, and Miscellany</i> |



# **The Structure of the Christian Science Textbook: Our Way of Life**

## **Recapitulation**

| <b><u>WORD</u></b>         | <b><u>absolute Christian Science</u></b>   | <b><u>Christian Science</u></b>  |
|----------------------------|--|--|
| Word                       | 1. What is God?  | 4. What are spirits and souls?   |
| Christ                     | 2. Are these terms synonymous?   | 5. What are the demands of the Science of Soul?  |
| Christianity               | 3. Is there more than one God or Principle?  | 6. What is the scientific statement of being?  |
| <b><u>CHRIST</u></b>       |  |  |
| Christ                     | 7. What is substance?  | 10. What is Mind?  |
| Christianity               | 8. What is Life?   | 11. Are doctrines and creeds a benefit to man?   |
| Word                       | 9. What is intelligence?   | 12. What is error?   |
|                            | <b><u>Christian Science</u></b>  | <b><u>absolute Christian Science</u></b>   |
| <b><u>CHRISTIANITY</u></b> |  |  |
| Christianity               | 13. Is there no sin?   | 16. Does brain think, and do nerves feel, and is there intelligence in matter?   |
| Christ                     | 14. What is man?   | 17. Is it important to understand these explanations in order to heal the sick?  |
| Word                       | 15. What are body and Soul?  | 18. Does Christian Science, or metaphysical healing, include medication, material hygiene, mesmerism, hypnotism, theosophy, or spiritualism? |
| <b><u>SCIENCE</u></b>      |  |  |
| Word                       | 19. Is materiality the concomitant of spirituality, and is material sense a necessary preliminary to the understanding and expression of Spirit? | 22. Will you explain sickness and show how it is to be healed?   |
| Christ                     | 20. You speak of belief. Who or what is it that believes?  | 23. How can I progress most rapidly in the understanding of Christian Science?   |
| Christianity               | 21. Do the five corporeal senses constitute man?   | 24. Have Christian Scientists any religious creed?   |

**Study Material**  
**on**  
**Science and Health with Key to the Scriptures,**  
**by Mary Baker Eddy**

**Chapter XIV**  
**Recapitulation**

(Science reflecting the Christ) <sup>1</sup>

**Standpoint:** Science from the absolute standpoint: “Principle and its idea is one.”  
Christ from the relative standpoint: The manifestation of a divinely scientific system resolving the human system of reference.  
Science reflecting the Christ: The oneness of Principle and idea manifests itself in Science as a divinely scientific system of ideas resolving the human system of reasoning.

**Layout of the chapter:**

(See John W. Doorly: *Talks at the Oxford Summer School*, 1948, Vol. II, pages 131, 137, 160).

- Word:** First 6 question and answers (1–6)
- a. from the standpoint of absolute Christian Science:  
as the Word (1); as the Christ (2); as Christianity (3)
  - b. from the standpoint of Christian Science:  
as the Word (4); as the Christ (5); as Christianity (6)
- Christ:** Second 6 questions and answers (7–12)
- a. from the standpoint of absolute Christian Science:  
as the Christ (7); as Christianity (8); as the Word (9)
  - b. from the standpoint of Christian Science:  
as the Christ (10); as Christianity (11); as the Word (12);
- Christianity:** Third 6 questions and answers (13–18)
- a. from the standpoint of Christian Science:  
as the Word (1); as the Christ (2); as Christianity (3)
  - b. from the standpoint of absolute Christian Science:  
as the Word (4); as the Christ (5); as Christianity (6)

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<sup>1</sup> Excerpt from Max Kappeler, *Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook* (Seattle: Kappeler Institute Publishing USA, 1980), Chapter XIV.

- Science: Fourth 6 questions and answers (19–24)
- a. from the standpoint of Christian Science:  
as the Word (1); as the Christ (2); as Christianity (3)
  - b. from the standpoint of absolute Christian Science:  
as the Word (4); as the Christ (5); as Christianity (6)

### Scriptural Note

#### Introductory paragraph:

**For the distinction between absolute Christian Science and Christian Science see: John W. Doorly, *The Pure Science of Christian Science* (2<sup>nd</sup> edition), pages 27 forward and Max Kappeler, *The Four Levels of Spiritual Consciousness*, pages 63–72.**

**Scriptural Note I:** See S&H 170:14–17; 197:11–15

**Scriptural Note II:** See S&H 167:30–31

**Introduction:** S&H 165:1-5  
See also S&H 196:1–5; 197:5–10; 200:27-29; 182:22–26; 183:21–25

### **Word: The statement of God as the one and only Being**

- (a) Word from the standpoint of absolute Christian Science: **The definition of God as the one Being.**

Word reflecting the Word: **The one God defined.**

1. Question: What is God? (S&H 465:8–10)

Word reflecting the Christ: **The one God expresses itself.**

2. Question: Are these terms synonymous? (S&H 465:11–15)

Word reflecting Christianity: **Principle and its idea is one Being or God, and His reflection is man and the universe.**

3. Question: Is there more than one God or Principle? (S&H 465:16–466:6)

- (b) Word from the standpoint of Christian Science: **There is no duality in God.**

Word reflecting the Word: **Apart from God there are no other gods.**

4. Question: What are spirits and souls? (S&H 466:7–31)

Word reflecting the Christ: **The demand to have no other gods.**

5. Question: What are the demands of the Science of Soul? (S&H 467:1–468:7)

Word reflecting Christianity: **Being is spiritual, not material.**

6. Question: What is the scientific statement of being? (S&H 468:8–15)

## **Christ: God expressing Himself**

- (a) Christ from the standpoint of absolute Christian Science: **The definition of God as the life-giving substance of divine intelligence.**

Christ reflecting the Christ: **Christ translates the substance of God into the substance of the true universe.**

7. Question: What is substance? (S&H 468:16–24)

Christ reflecting the Christianity: **Christ eternalizes the substance of Spirit.**

8. Question: What is Life? (S&H 468:25–469:6)

Christ reflecting the Word: **Christ expresses Mind as omni-intelligence.**

9. Question: What is intelligence? (S&H 469:7–11)

- (b) Christ from the standpoint of Christian Science: **Only the Mind which is of God has a saving Christ.**

Christ reflecting the Christ: **God, good, is the only Mind of man.**

10. Question: What is Mind? (S&H 469:12–471:21)

Mind: God, good is the only Mind—evil is not Mind (S&H 469:13–14).

Spirit: There is only one Mind—not many minds (S&H 469:25–470:10).

Soul: God, the Mind of man, never sins; therefore man has never fallen (S&H 470:11–20).

Principle: Mind, God, being man's perfect Principle and idea is indestructible, all remains eternally unchangeable (S&H 470:32–471:5).

Life: As the harmonious relationship of Principle and idea is indestructible, all remains eternally unchangeable (S&H 470:32–471:5).

Truth: The facts of Truth can only be made evident on the grounds of scientific truth (S&H 471:6–12).

Love: Therefore, the coexistence of God and man should be admitted as factual in spite of the evidence of the corporeal senses (S&H 471:13–21).

Christ reflecting the Christianity: **Only that which proceeds from Mind can benefit man—doctrines and creeds cannot as they are human beliefs.**

11. Question: Are doctrines and creeds a benefit to man? (S&H 471:22–472:12)

Christ reflecting the Word: **Error has no Christ—it has no Mind-faculties.**

12. Question: What is error? (S&H 472:13–22)

## **Christianity: divine reality**

- (a) Christianity from the standpoint of Christian Science: **The unreality of sinful, corporeal humanity.**

Christianity reflecting Christianity: **Sin, sickness and death are proved to be unreal.**

13. Question: Is there no sin? (S&H 472:23–475:4)

Mind: Sin, sickness and death are not realities, but illusions, erring human beliefs; they only seem to be real (S&H 469:13–14).

Spirit: Christ, Truth, disposes of all evil (S&H 473:4–17).

Soul: Sin can be healed through understanding the rules of Science (S&H 473:18–25).

Principle: Proving the divine Principle of Science by demonstration—by overcoming sin, sickness, and death (S&H 473:26–474:3).

Life: The Science of Christianity with its marvelous proofs is still misunderstood (S&H 474:4–15).

Truth: The mission of Christ, Truth, is to destroy sin, sickness, and death as falsities (S&H 474:16–32).

Love: There is no error or matter—all is Spirit, divine Principle and its idea. This is reality (S&H 474:32–475:4).

Christianity reflecting the Christ: **The spiritual idea man resolves the false concept that man is a mortal.**

14. Question: What is man? (S&H 475:5–477:18)

(See also Glossary definition of man S&H 591:5–7)

Spirit: Man is spiritual, not material (S&H 475:6–27).

Soul: Mortals give place to immortal man (S&H 475:28–476:27).

Mind: Man is a state of Mind; the idea of God (S&H 476:28–477:18).

Christianity reflecting the Word: **As the expression of Soul, man is incorporeal.**

15. Question: What are body and Soul? (S&H 477:19–478:13)

Spirit: Soul's identities are spiritual, not material (S&H 477:20–25).

Soul: Man's identity is the expression of Soul (S&H 477:26–478:2).

Mind: “Soul in body” is a mortal belief (S&H 478:3–13).

(b) Christianity from the standpoint of absolute Christian Science: **Reality is spiritual.**

Christianity reflecting Christianity: **There is no universe of material sensations.**

16. Question: Does brain think, and do nerves feel, and is there intelligence in matter? (S&H 478:14–482:12)

Mind: Matter is non-intelligent, a material human belief, and cannot perform the functions of Mind (S&H 478:16–479:7).

Spirit: Matter has no selfhood; it is a nothingness. The only facts are Spirit (S&H 479:8–480:7).

Soul: Matter is devoid of sensation; material sense is unreal (S&H 480:8–13).

- Principle: Matter is the cause of disharmony; harmony proceeds from Spirit (S&H 480:13–18).
- Life: Evil is non-existent. God is not its author (S&H 480:19–25).
- Truth: Material sense must give way to the facts of unchangeable Truth (S&H 481:26–481:23).
- Love: In Science, Soul must take the place of material sense (S&H 481:24–482:12).

Christianity reflecting the Christ: **Through Christ, Truth, Mind's control over matter is demonstrated absolutely.**

17. Question: Is it important to understand these explanations in order to heal the sick? (S&H 482:13–484:5)
- 482:15–25 Jesus, inseparable from the Christ, demonstrated his control over matter.
- 482:26–31 Truth heals through Mind.
- 483:1–12 Mind transcends all other healing powers.
- 483:13–21 Mind must be understood in its Science.
- 483:22–484:5 The Science of Mind demonstrates Science absolutely.

Christianity reflecting the Word: **Christian Science healing excludes material healing methods.**

18. Question: Does Christian Science, or metaphysical healing, include medication, material hygiene, mesmerism, hypnotism, theosophy, or spiritualism ? (S&H 484:6–27)

### **Science: Scientific understanding**

(a) Science from the standpoint of Christian Science: **The way to understanding.**

Science reflecting the Word: **Mind-faculties, not material sense, are necessary for gaining scientific understanding.**

19. Question: Is materiality the concomitant of spirituality, and is material sense a necessary preliminary to the understanding and expression of Spirit? (S&H 484:28–487:12)
- Mind: Mind, not matter, has real senses (S&H 485:1–13).
- Spirit: To emerge gently from matter into Spirit (S&H 485:14–27).
- Soul: In all circumstances spiritual understanding must be gained (S&H 485:28–486:13).
- Principle: Mind, not blind beliefs, is able to produce harmony (S&H 486:14–22).
- Life: The spiritual senses of man are eternal and permanent (S&H 486:23–487:2).

Truth: The Mind-faculties must be exercised (S&H 487:3–9).  
 Love: The Mind-faculties remain always, in order to work wonders (S&H 487:9–12).

Science reflecting the Christ: **In Science belief gives way to understanding.**

20. Question: You speak of belief. Who or what is it that believes? (S&H 487:13–488:13)

Mind: There is no need of believing (S&H 487:15–16),  
 Spirit: matter cannot believe (S&H 487:16–17),  
 Soul: the body cannot believe (S&H 487:17),  
 Principle: the believer and the belief are one,—without Principle (S&H 487:17–24).  
 Life: Understanding brings a fuller sense of life (S&H 487:25–29).  
 Truth: Understanding heals (S&H 487:30–488:6).  
 Love: The Scriptures enforce the necessity of understanding (S&H 488:7–13).

Science reflecting Christianity: **Understanding constitutes man.**

21. Question: Do the five corporeal senses constitute man? (S&H 488:14–493:8)

Mind: The five senses are mortal beliefs. The Mind-faculties constitute the real senses of man (S&H 488:16–31).  
 Spirit: There is no reality in the sensation of matter. The senses of Mind are real (S&H 489:1–12).  
 Soul: The corporeal senses defraud and lie. Man is independent of the material senses (S&H 489:13–23).  
 Principle: From the corporeal senses arises inharmony. Outside of the material sense of things all is harmony (S&H 489:24–490:18).  
 Life: The material senses would annihilate man. The immortal testimony ushers in the spiritual sense of being (S&H 490:19–27).  
 Truth: Material sense is a myth, constituting mortal man. Man is the likeness of man’s Maker (S&H 490:28–492:6).  
 Love: All knowledge obtained from physical sense must yield to the Science of Mind, on which rests the Science of being (S&H 492:7–493:8).

(b) Science from the standpoint of absolute Christian Science: **Understanding is being.**

Science reflecting the Word: **Scientific understanding is health.**

22. Question: Will you explain sickness and show how it is to be healed? (S&H 493:9–495:24)

Mind: Sickness is a belief of mortal mind which must be annihilated by the divine Mind (S&H 493:17–24).  
 Spirit: Matter only suffers in illusion, not in reality, and Christ can improve on this false sense (S&H 493:24–30).

- Soul: Mind can hold man forever intact and meet every human need (S&H 493:24–30).
- Principle: The Science of being demonstrates harmony by correcting the errors of corporeal sense (S&H 494:15–24).
- Life: By accepting the eternal evidence of reality, we have the fullness of immortal fruits (S&H 494:25–29).
- Truth: Sickness is error and Truth casts it out, setting the captive free (S&H 494:25–29).
- Love: Clinging steadfastly to God and His ideas silences discord with harmony (S&H 495:14–24).

Science reflecting the Christ: **Scientific understanding fosters more understanding.**

23. Question: How can I progress most rapidly in the understanding of Christian Science? (S&H 495:25–496:27)

- Mind: Study thoroughly the letter (S&H 493:17–24).
- Spirit: imbibe the spirit (S&H 495:27–28).
- Soul: adhere to the divine Principle of Christian Science (S&H 495:28–31).
- Principle: obey God and have but one Mind (S&H 495:31–496:8).
- Life: live the life that approaches the supreme good (S&H 496:9–14).
- Truth: The spiritual idea enables you to heal (S&H 496:15–19).
- Love: When mortality is swallowed up in immortality, death is swallowed up in victory (S&H 496:20–27).

Science reflecting the Christianity: **A Scientist must be a Christian.**

24. Question: Have Christian Scientists any religious creed? (S&H 496:28–497:27)



**Subject(s):** A class by Max Kappeler on Chapter XIV, Recapitulation in *Science and Health*

**Related books:** *The Structure of the Christian Science Textbook—Our Way of Life, Vol. I, Revelation of the Structure*, Max Kappeler,

**Overview of C-1 Series:** For over 60 years, Max Kappeler presented the structure of the Christian Science textbook through books, lectures, and classes, showing the divinely structured layout of each chapter. Kappeler's premise is that *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, is a revealed text and contains the whole of Christian Science. Read atomistically (sentences read out of context), the divinely inspired structure is missed. Our challenge is to understand Mrs. Eddy's revelation in its Science, something that can only be achieved through understanding the Textbook's spiritual system and structure. Once John W. Doorly pointed out the fundamental categories of the scientific system of Christian Science, it became possible for Kappeler to interpret the entire Textbook as a divinely structured, coherent story. This story leads the student through an evolution of understanding and consciousness in an uninterrupted, ordered way, from the first page to the last. This spiritual story is our ordered way of life and our teacher.

**Synopsis:** Chapter XIV explains how divine Principle expresses itself through a scientific system of metaphysics. Science has a Christ, and the office of the Christ in Science is to reduce or translate the divine Principle to a system of ideas which can be taught, learned, demonstrated, and lived. In its first form, this chapter appeared as a separate booklet entitled "The Science of Man," and was used by Mrs. Eddy for Class Instruction. Here Mrs. Eddy expounds the divine Principle and its operation that underlies every single chapter in the Textbook. This chapter has a very symmetrical layout. The 24 questions and answers are divided into four groups of six questions and answers each. We find that there are six questions and answers that depict the Word, six the Christ, six Christianity, and six Science.

**Contents:**

Standpoint of Chapter XIV: Science reflecting the Christ: The oneness of Principle and idea manifests itself in Science as a divine scientific system of ideas resolving the human system of reasoning.

- The 24 questions and answers of Chapter XIV are illustrations of the intrinsic categories of Being

**Historical sketch of the chapter**

- Explanation of Word, Christ, Christianity, Science in cybernetic terms
- Summary of John Doorly's layout of the chapter
- Overall tonality of Word, Christ, Christianity and Science
- Restructuring consciousness according to the 4 X 4 calculus builds understanding and effects demonstration

**Topics discussed:**

**Word:** The statement of God as the one and only Being

**Christ:** God expressing itself

**Christianity:** Divine reality

**Science:** Scientific understanding

**The Matrix of Christian Science**  
*(in Science and Health with Key to the Scriptures, by Mary Baker Eddy, Chapters I–XVI)*

| absolute<br>standpoint<br>(j)<br>relative<br>standpoint<br>(i)  | <b>WORD</b><br>Revelation of<br>God’s nature  | <b>CHRIST</b><br>Translation of God to idea  | <b>CHRISTIANITY</b><br>The realm of ideas   | <b>SCIENCE</b><br>Principle and idea is one   |
|---|---|--|---|---|
| <b>Word</b><br>accepting the<br>proposition                     | CHAPTER I<br><i>Prayer</i><br>Revelation of God’s nature by<br>accepting God’s nature in us   | CHAPTER V<br><i>Animal Magnetism Unmasked</i><br><i>As we accept the Christ-<br/>translation, the ungodlike is<br/>translated back into its<br/>native nothingness</i>         | CHAPTER IX<br><i>Creation</i><br>As we accept the realm of<br>ideas, the ideational universe<br>reveals itself to us  | CHAPTER XIII<br><i>Teaching Christian Science</i><br>By accepting our oneness with<br>Principle, we are Principle-<br>idea  |
| <b>Christ</b><br>power of<br>manifestation in<br>spite of error | CHAPTER II<br><i>Atonement and Eucharist</i><br>God’s nature manifests itself<br>in us in spite of the ungodlike in us                      | CHAPTER VI<br><i>Science, Theology, Medicine</i><br>The Christ-translation manifests<br>itself by translating the false<br>constituents into the true<br>constituents of Being | CHAPTER X<br><i>Science of Being</i><br>The dynamic power of<br>manifestation of ideas<br>dissolves both latent<br>and concrete error                       | CHAPTER XIV<br><i>Recapitulation</i><br>Principle-idea manifests itself<br>as a calculus of ideas and<br>corrects the calculus of human<br>beliefs                |
| <b>Christianity</b><br>exalted being                            | CHAPTER III<br><i>Marriage</i><br>God’s nature demonstrates itself<br>in us as a higher humanhood   | CHAPTER VII<br><i>Physiology</i><br>The Christ-translation translates<br>mortals into immortals  | CHAPTER XI<br><i>Some Objections<br/>Answered</i><br>The perfect reflection of ideas<br>exalts a theoretical<br>Christianity to a practical<br>Christianity | CHAPTER XV<br><i>Genesis</i><br>In the oneness of Principle and<br>idea, creation is exalted in its<br>divine Principle   |
| <b>Science</b><br>scientific<br>understanding                   | CHAPTER IV<br><i>Christian Science vs. Spiritualism</i><br>God’s nature can be understood<br>only by scientific methods of<br>understanding | CHAPTER VIII<br><i>Footsteps of Truth</i><br>The Christ-translation translates an<br>unscientific consciousness into a<br>scientific consciousness                             | CHAPTER XII<br><i>Christian Science Practice</i><br>A scientific understanding<br>of ideas heals  | CHAPTER XVI<br><i>The Apocalypse</i><br>Scientific understanding<br>recognizes that on all levels of<br>existence, only the idea of<br>Principle is ever going on |

## References for “The Matrix of Christian Science”

### Books by Max Kappeler:

*The Development of the Christian Science Idea and Practice* ©2004, 2<sup>nd</sup> edition, pp. 8–18 (the development of the Science and structure of the textbook).

*Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook* (the entire book is presents an elaboration of this subject).

*The Science of the Oneness of Being in the Christian Science Textbook*, Appendix, Table 3, also pp. 263–267.

*The Structure of the Christian Science Textbook* (the entire book is devoted to explaining this subject).

‘*Stately Science Pauses Not*,’ booklet, pp. 31–47.

*When I think of John W. Doorly...II—Introduction to the Matrix Consciousness*, ©2002.

### Recordings by Max Kappeler:

B-2: *From Atomistic Thinking to Cybernetic Comprehensive Consciousness*, 1970, Ogunquit, ME, hours 13–14.

C-1: *The Structure of the Christian Science Textbook—Our Way of Life*, an extensive series of talks spanning the last 30 years of Series talks on the Textbook’s structure, covering both the structure of each chapter and the structure of *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, as a whole.

C-2: *The Christian Science Textbook: A workshop on text-interpretation*, an analysis of the structure of the first five chapters to Series illustrate the structural and scientific method of text-interpretation.

C-4: *The Matrix of Science and Health: An overview*, 1975, Wilmington, DE, hours 7–24.

C-6: *Exercises in Culturing Consciousness According to the Matrix of “Science and Health”*, 1976, Ilkley, England, 26 hours, especially hours 2B–9A.

E-2: *The Matrix of Immortality: Code of divine laws*, 1974, Wilmington, DE, hours 11–16A.

M-20: *The Structure of the Christian Science Textbook: An overview*, 2 hours.