



KAPPELER INSTITUTE RECORDINGS

ILLUSTRATIVE MATERIAL

**THE STRUCTURE OF THE CHRISTIAN SCIENCE TEXTBOOK—
OUR WAY OF LIFE**

Chapter XII
CHRISTIAN SCIENCE PRACTICE
(Audio Code C-1P)

MAX KAPPELER

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Chapter XII Christian Science Practice

(Audio code: C-1P)

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ABBREVIATIONS

M, Sp, So, P, Li, T, Lo	= Mind, Spirit, Soul, Principle, Life, Truth, Love
W, X, Xty, Sc	= Word, Christ, Christianity, Science
M – Lo	= means the sequence of Mind through Love
M/M – M/P	= means Mind in its subtone of M, Sp, So, P (Mind as Mind, etc.)
MIND, SPIRIT, etc.	= in all capitals means that tone is the main tone

Tape Code: C-1P

Title: Christian Science Practice

Author: Max Kappeler

Time: 17 hrs

Level: Intermediate

Subject(s): The Structure of the Christian Science Textbook

Related books: Max Kappeler, *The Structure of the Christian Science Textbook—Our Way of Life*, *The Development of the Christian Science Idea and practice*.

Overview of C-1 Series: For over 60 years, Max Kappeler presented the structure of the Christian Science textbook through books, lectures, and classes, giving the divinely structured layout of each chapter. Kappeler's premise is that *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, is a revealed text and contains the whole of Christian Science. Read humanly, atomistically, or sentence by sentence, the divinely inspired structure is missed. Our challenge is to understand Mrs. Eddy's revelation in its Science, something that can only be achieved through understanding the Textbook's spiritual system and structure. When John W. Doorly pointed out the fundamental categories of the scientific system of Christian Science, it became possible to interpret the Textbook as a divinely structured, coherent story. This story leads the student through an evolution of understanding and consciousness in an uninterrupted, ordered way, from the first page to the last. This spiritual story is our ordered way of Life.

Blurb: Max Kappeler discusses how, at this point, we have grown to the degree of understanding which enables us to let the Christ-idea demonstrate itself in every situation. This chapter is presented in four parts using the scientific method of Christian Science.

Contents:

Introduction: the standpoint where we knowingly, consciously use the realm of ideas for solving practical problems

Overall view of the four parts of the chapter

- Scriptural notes
- General tone of Part I, Love and Mind

Part I: Love and Mind: attitude of true practitioner

Mind: Love's mentality attracts the patient, the needing thought, the seeker

Spirit: Love's mentality operates as true discernment, as divine insight

Soul: Love's mentality brings about true repentance

Principle: Love's mentality operates as pure demonstration

Life: Love's mentality demands the laying down of the mortal concept through love

Truth: Love's mentality demands the standards of true manhood

Love: Love's mentality brings full consummation

- How patient reacts to the practitioner's attitude

Part II: Truth and Mind – The Truth that the practitioner knows in a treatment

Mind: Truth-healing is dependent on recognizing Truth as All and error as nothing

Spirit: Truth-healing is based on the infinite substance and reality of spirit

Soul: Truth-healing demands freedom from mortality and sin

Principle: Truth-healing demands metaphysics

Life: Truth-healing always has divine method, maintaining man's individuality

Truth: Truth-healing always involves the consciousness of man's dominion

Part III: Life and soul the practitioner's method

Mind: the law of Life is free of decay

Spirit: the substance of Life is Spirit, not matter

Soul: the supremacy of Life is the rule of Soul

Principle: the government of Life is the omnipotence of Principle

Life: the immortality of Life denies every phase of mortality

Truth: the embodiment of Life is true consciousness, that the body of mortality is mortal mind

Love: the fulfillment of Life is ever-present identity

Part IV: Introduction to the healing process, Love and Spirit—Mind

Argumentation versus Science of Mind

Mind: love's fulfillment of its own reflection operates through mental and spiritual Science

Spirit: Love's reflection is real and ordered

Soul: Truth's ordered reflection enforces translation

Principle: Truth's ordered reflection is foundational and operates through system

Life: understanding Life is eternal being

Truth: Truth's ordered reflection leads to immortality and eternal life, free from heredity, birth and death

Love: understanding Life is the perfect answer to every condition

- Summary of Love and Spirit
- Summary of Truth and Spirit
- Life and Spirit:

Summary of chapter XII

Study Material
on
Science and Health with Key to the Scriptures,
by Mary Baker Eddy

Chapter XII
Christian Science Practice

(Christianity reflecting Science)¹

Reference books:

Christian Science Practice, John W. Doorly
The Structure of the Christian Science Textbook—Our Way of Life,
Vol. 1: Revelation of the Structure, Max Kappeler

Standpoint:

Christianity from the absolute standpoint: the reality of ideas
Science from the relative standpoint: scientific understanding
Christianity reflecting Science: scientific understanding of ideas
is real health.

Layout of the chapter:

Part I	(S&H 362:1–367:29)	
	Love and Mind:	Love’s mind of perfection (the attitude of the true practitioner)
Part II	(S&H 367:30–386:15)	
	Truth and Mind:	Truth’s knowing heals (what the practitioner has to know in his treatment)
Part III	(S&H 386:16–410:21)	
	Life and Soul:	Life is untouched by error (the practitioner’s unchanging method in his treatment)
Part IV	(S&H 410:22–442:32)	
	Love and Spirit:	Love, Truth, and Life
	Truth and Spirit:	reflected in the
	Life and Spirit:	patient’s case

Scriptural Note I: God is the health of man.

¹ Excerpt from Max Kappeler, *Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook* (Seattle: Kappeler Institute Publishing USA, 1979), Chapter XII.

Scriptural Note II: This is demonstrated through the Christianity-order of Principle; Mind, Soul; Spirit; Life; Truth; Love (See also S&H 587:6–7)

Part I
(S&H 362:1–367:29)

Love and Mind: Love’s mind of perfection

The attitude of the true practitioner

Mind	The true practitioner only knows perfection (S&H 362:1–363:23).
as Mind:	This acts as attracting the patient (S&H 362:1–7);
as Spirit:	the patient chooses the right and moves toward the right direction (S&H 362:7–12);
as Soul:	he begins to touch the Christ, to identify himself with the saving power (S&H 362:12–363:1);
as Principle:	he acknowledges that the divine Principle is the saving power to any situation (S&H 363:1–4);
as Life:	he is willing to lay down the mortal concept of life (S&H 363:5–7).
as Truth:	Such a consciousness is always whole, healthy—without debts (S&H 368:8–20)
as Love:	and partakes of complete forgiveness (S&H 363:20–23).
Spirit	The true practitioner must be good and pure himself (S&H 363:24–364:15).
Soul	The true practitioner must be selfless himself (S&H 364:16–365:14).
Principle	The true practitioner must first win his own pardon scientifically (S&H 365:15–366:2).
Life	The true practitioner must first demonstrate the fullness of life for himself (S&H 366:3–29).
Truth	The true practitioner must first grow into Christian manhood (S&H 366:30–367:23).
Love	The true practitioner must live by anticipating spiritually the consummation of his vision (S&H 367:24–29).

How does a patient react to the practitioner's true attitude?

The practitioner's attitude:		The patient's reaction:
Mind:	only knows perfection	he feels irresistibly attracted by Love
Spirit:	purity and goodness	through grief and contrition he shows affection and reverence for the good
Soul:	selflessness	he repents and rises higher
Principle:	winning his own pardon	his own spiritual power resuscitates him
Life:	demonstrating the fullness of life himself	he is no longer overwhelmed by sin but his thoughts are flooded with the fullness of life
Truth:	Christian manhood	he inherits his Christ-consciousness; "ye are the light of the world"
Love:	anticipating fulfillment	he reaches higher attainments in the line of light

Part II

(S&H 367:30–386:15)

Truth and Mind: Truth's knowing heals

The Truth that the practitioner knows in his treatment

Mind	Truth's knowing knows that Truth is All and error is nothing (S&H 367:30–369:4).
as Mind:	Truth is omnipotent, error is powerless (S&H 367:30–368:2).
as Spirit:	Truth is real, error is unreal (S&H 368:2–9).
as Soul:	Truth is superior to the belief in error (S&H 368:10–14).
as Principle:	Trusting God we lose faith in error (S&H 368:14–19).
as Life:	When we know that Life is incorporeal, the erroneous belief in disease and death disappears (S&H 368:20–24).
as Truth:	When we deny the erroneous consciousness, the false conditions disappear (S&H 368:24–31).

as Love: When fear disappears, the treatment of disease is successful (S&H 368:31–369:4).

Spirit **Truth’s knowing is based on the fact that Spirit alone is substance and reality and that therefore matter and disease are unreal (S&H 369:5–29).**

Soul **Truth’s knowing demands rising above sin and corporeality (S&H 369:30–372:13).**

as Mind: Rising above the mortal sense of things by spiritualizing thought (S&H 369:30–370:9).

as Spirit: Rising above material remedies to the moral and spiritual facts of health (S&H 370:10–22).

as Soul: Rising above sensation to Science (S&H 370:23–31).

as Principle: Rising above medical diagnosis to Mind’s mandate (S&H 370:32–371:4).

as Life: Rising above ghostly existence to the way in divine Science (S&H 371:20–32).

as Truth: Rising above undeveloped manhood to manhood in Science (S&H 371:20–32).

as Love: Rising above self-limitations to the Science of being, in which all is God and His idea (S&H 371:1–13).

Principle **Truth’s knowing demonstrates divine metaphysics (S&H 372:14–374:25).**

as Mind: Demonstrating Science in obedience to the law of God, man demonstrates himself to be the idea of God (as the angels in heaven) (S&H 372:14–24).

as Spirit: Honest recognition of benefits received (gratitude) leads to more success (S&H 372:25–32).

as Soul: Healing sin is more difficult than healing disease (S&H 373:1–21).

as Principle: Establishing the scientific sense of health restores the healthy functions of disabled organs (S&H 373:21–26).

as Life: Through the even flow of the truth of being, mortal mind returns to its own standard of normality (S&H 373:27–374:4).

as Truth: With divine metaphysics we can destroy all ills proceeding from conscious and unconscious mind (S&H 374:5–16).

as Love: Divine metaphysics handles ignorance and fear as the cause of future disease (S&H 374:17–25).

Love	Truth’s knowing preserves man in his perfection—free from penalty (S&H 384:3–386:15).
as Mind:	In the law of Love there is no penalty for doing right (S&H 384:3–15).
as Spirit:	In Christian Science the transgression of laws of matter brings no penalty (S&H 384:16–29).
as Soul:	The divine law, rising above the human, exempts man from all penalties but those due for wrong-doing (S&H 384:30–385:14).
as Principle:	Honest toil has no penalty (S&H 385:15–21).
as Life:	We penalize ourselves by our own beliefs (S&H 385:22–30).
as Truth:	By rejecting the evidence of the senses we free ourselves from the belief of having been penalized (S&H 385:31–386:4).
as Love:	The action of Truth on the minds of mortals annuls the universal belief in penalty (S&H 386:5–15).

Part III

(S&H 386:16–410:21)

Life and Soul: being is changeless

The practitioner’s method

Mind	The law of being is Mind—untouched by the beliefs of mortal mind (S&H 386:16–388:11).
as Mind:	In the law of Mind there exists no cause for any loss (S&H 386:16–387:2).
as Spirit:	The ever active Mind does not wear out its spiritual energies (S&H 387:3–26).
as Soul:	Omnipotent Mind defends man from bodily suffering (S&H 387:27–388:11).
Spirit	The substance of being is Spirit—untouched by matter (food) (S&H 388:12–390:3).
as Mind:	Life sustains itself spiritually; material health-theories can neither maintain nor destroy Life (S&H 388:12–30).
as Spirit:	Material conditions (food) cannot disturb the harmonious functions of mind and body (S&H 388:31–389:12).

as Soul: The self-contradictory views of materialists must be rebuked (S&H 389:13–390:3).

Soul The supremacy of being is the rule of Soul—untouched by corporeal conditions (S&H 390:4–393:15).

as Mind: Knowing God’s law we must dispute and dismiss the illegitimate testimony of the material senses (S&H 390:4–26).

as Spirit: In the conscious strength of Spirit we must meet the pleas of disease with powerful mental opposition (S&H 390:27–391:6).

as Soul: Instead of blindly submitting to the claims of disease we must rise in rebellion against them, contradict and rebuke them (S&H 391:7–392:10).

as Principle: As our decisions master us, we have to watch that they control us harmoniously (S&H 392:11–393:3).

as Life: We must exercise our God-given authority in governing the feeling and action of our bodies through Mind (S&H 393:4–15).

Principle The government of being is the omnipotence of Principle—untouched by human theories (S&H 393:16–395:14).

as Mind: The divine Mind—not a law of mortal mind—governs man and body (S&H 393:16–395:14).

as Spirit: Understanding that neither man nor Mind nor matter can be sick and that sickness is not real is the universal and perfect remedy (S&H 393:29–394:4).

as Soul: Rising above our difficulties stimulates the recuperative power of mental energy (S&H 394:5–16).

as Principle: God is omnipotent, whereas material systems and their theories are fallacious (S&H 394:17–395:5).

as Life: The authority of Science destroys the material method of healing and then sin, disease and death disappear (S&H 395:6–14).

Life The immortality of being is the self-supporting law of Life—untouched by destructive influences (S&H 395:15–397:22).

as Mind: Only a constructive attitude has a life-giving effect (S&H 395:15–20).

as Spirit: We should not make disease a reality—not by thinking, seeing, feeling or talking (S&H 395:21–396:13).

as Soul: The testimony of the physical senses must be refuted in spite of the overwhelming weight of opinions on the wrong side (S&H 396:14–21).

as Principle: The true method of healing lies in the continuous fidelity to divine metaphysics and disbelief in physics (S&H 396:22–397:22).

**Truth The true form of being is the consciousness of Truth—
untouched by mortal manhood (S&H 397:23–409:26).**

as Mind: Neither mortals nor disease and material medicine are material but rest on mortal mind. Rising above mortal mind and working with the Science of Mind we gain more of our true manhood (S&H 397:23–399:2).

as Spirit: Matter without mortal mind cannot act. The actions of immortal Mind alone are real (S&H 399:3–28).

as Soul: Through the supremacy of Mind, the disturbances of mortal mind and its effects on the body are kept under control (S&H 399:29–402:19).

as Principle: When we govern ourselves through Science, voluntary and involuntary mesmerism cannot touch us (S&H 402:20–403:25).

as Life: The patient’s health is improved by the method of exalting his thoughts with the truth of being (S&H 403:26–405:4).

as Truth: With Christian Science we can master all the beliefs of mortal manhood and lift humanity above itself (S&H 405:5–408:27).

as Love: In proportion as mortal realize the Science of man, material consciousness constituting mortal man is put off and the real man is put on (S&H 408:28–409:26).

**Love The fulfillment of being is the perfection of Love—untouched by
imperfection (S&H 409:27–410:21).**

as Truth: Knowing Truth in Christian Science is perfect life (S&H 409:27–410:13).

as Love: In perfect Love there is no fear (S&H 410:14–21).

Part IV

(S&H 410:22–442:32)

Love, Truth, Life and Spirit: full reflection

How the healing process takes place

Love and Spirit: Love's full reflection

- Mind** **Love's reflection fulfils itself through mental and spiritual Science (S&H 410:23–413:11).**
- Spirit** **Love's reflection is spiritual reality and order (S&H 413:12–417:26).**
- Truth and Spirit: Truth's full reflection
- Soul** **Truth's reflection brings about translation (S&H 417:27–421:24).**
- Principle** **Truth's reflection operates through a divinely scientific system (S&H 421:25–424:27).**
- Life** **Truth's reflection has a renewing effect (S&H 424:28–426:22).**
- Life and Spirit: Life's full reflection
- Life** **Life's reflection is eternal life (S&H 426:23–430:12).**
- as Mind: The human concept of death must be relinquished (S&H 426:23–32).
- as Spirit: Life is not contingent on matter and death has no reality (S&H 427:1–12).
- as Soul: Nothing can interfere with the existence of man in Science (S&H 427:13–25).
- as Principle: Through obedience to God, we can demonstrate eternal life (S&H 427:26–428:14).
- as Life: Through consecrating existence to Life, man can master death (S&H 428:15–29).
- as Truth: Through an understanding of Life, mortals awake from the dream of death (S&H 428:30–429:18).
- as Love: All-inclusive Life has no beginning nor end (S&H 429:19–430:12).

Truth **Life’s reflection maintains the standard of manhood as perfect health (S&H 430:13–442:15).**

COURT OF ERROR

Judge: Judge Medicine

Plaintiff: Personal Sense

Defendant: Mortal Man

Attorney for Personal Sense: False Belief

Jury: Mortal Minds, *Materia Medica*, Anatomy, Physiology, Hypnotism, Envy, Greed, Ingratitude

Courtroom: Filled with interested spectators

as Mind: the witness Health-laws (S&H 430:27–431:19)
as Spirit: the witness Coated Tongue and Sallow Skin (S&H 431:20–31)
as Soul: the witness Nerve (S&H 432:1–8)
as Principle: the witness Governor Mortality (S&H 432:9–19)
as Life: the witness Death (S&H 432:20–30)
as Truth: the prisoner pronounced guilty (S&H 433:17)
as Love: the prisoner condemned to death (S&H 433:18–30)

COURT OF SPIRIT

Chief Justice of the Supreme Court: Judge Justice

Plaintiff: Personal Sense

Defendant: Mortal Man

Attorney for Mortal Man: Christian Science

Jury: Spiritual Senses

as Mind: Man is only under the jurisdiction of Mind (S&H 434:22–29).
as Spirit: Man is amenable to Spirit only (S&H 434:30–435:10).
as Soul: Man is free from sin and penalty (S&H 435:11–35).
as Principle: Man, acting in obedience to Principle, cannot be penalized (S&H 436:1–437:31).
as Life: Man is deathless (S&H 437:32–439:14).
as Truth: Man is ever without disease (S&H 439:15–440:32).
as Love: Man is adjudged innocent (S&H 440:33–442:15).

Love **Life’s reflection is the solution to every human problem (S&H 442:16–32).**

Christian Science Practice

	Practitioner			Patient
	<i>Love and Mind</i>	<i>Truth and Mind</i>	<i>Life and Soul</i>	<i>Love</i> } <i>Truth</i> } <i>and Spirit</i> <i>Life</i> } <i>Healing process</i>
	<i>How he himself must be</i>	<i>The Truth he knows</i>	<i>His Method</i>	
Mind	seeing only perfection	Mind is all	law of Mind	<i>Love + Spirit</i> based on Mind-science
Spirit	good and pure	Spirit is the only reality	Spirit: the only substance	creates order
Soul	selfless	incorporeality and sinlessness of man	rule of Soul: supremacy;	<i>Truth + Spirit</i> translation takes place
Principle	winning his own pardon scientifically	Science and metaphysics: basis of demonstration	government: omnipotence of Principle	reaching every part of the system
Life	experiencing fullness of life; laying down the mortal concept	man maintained by fullness of Life	immortality: self-supporting Life	renewal of Life
Truth	growing into Christian manhood	man's dominion through consciousness	form of man: consciousness of Truth	<i>Life + Spirit</i> eternal life
Love	anticipating fulfillment	man's perfection; no penalty	fulfillment: perfection of Love	perfect health
				solution for every problem

References:

Books by Max Kappeler:

Epitomes for the Spiritually Structured Interpretation of the Christian Science Textbook, pp. 2–10.
The Science of the Oneness of Being in the Christian Science Textbook, pp. 183–196.
The Structure of the Christian Science Textbook, Vol. I.: Revelation of the Structure, pp. 116–135.

Books by John Doorly:

Christian Science Practice

Recordings by Max Kappeler:

A-4: *The Structure-principle of Being*, Wilmington, DE, hours 24–25.
 C-6: *Exercises in Structuring Consciousness According to the Matrix of "Science and Health,"* Ilkley, England, 26 hours
 C-1P: *CH. XII, "Christian Science Practice", The Structure of the Christian Science Textbook—Our Way of Life*, 17 hours.